



## Our Tradition

### Caroline Chisholm (1808–1871)

Our inspiration to love women and their babies comes from Caroline Chisholm. Mrs Chisholm lived an admirable life responding to the needs of youth with patience and energy. With the support of her husband Archibald and her children, she assisted people in need, irrespective of their country or creed, by social reforms and charitable work. She re-united families, protected vulnerable girls, placed the unemployed in gainful work and achieved improvements for immigrants of little means.

### The Society

The Caroline Chisholm Society was established in 1969 so that women can be supported to continue their pregnancy. At that time, it offered material aid and pregnancy counselling services. Within a decade, the Society responded to the needs of the community and was providing home and family support. Today, the Society is a professional social and community services agency inspired by Caroline Chisholm to support pregnant women and families to achieve and maintain a safe and nurturing environment. Our strategy helps our staff and volunteers to focus on effective services, strong finances and sound governance. We seek to be engaged as locals in our three communities and to get bigger, but not too big. Just large enough to be sustainable. The Society is a non-denominational and non-political charity.

### Our values

The Caroline Chisholm Society:

- has respect for life,
- is compassionate and caring,
- values social justice,
- believes in empowerment of women and families,
- recognises diversity, and
- operates accountably according to best practice.

## Our Centres

### Caroline Springs



1 Darebin Place  
Caroline Springs  
VIC 3023  
(03) 9361 7000

### Moonee Valley



977 Mt Alexander Rd  
Essendon  
VIC 3040  
(03) 9361 7000

### Goulburn Valley



15A St Andrews Rd  
Shepparton  
VIC 3630  
(03) 5821 0826

## Our Services

The Caroline Chisholm Society supports families from the moment they learn of their pregnancy until their children go to school. To meet our clients' needs, funding and donations of goods are received from government, philanthropic organisations and families. Our Society offers:

### Pregnancy counselling and early parenting support

- *general counselling and support for families* in person or over the telephone,
- *pregnancy counselling including pregnancy loss and grief counselling* that is respectful, compassionate and empowering,
- *referral to maternity services* including support with maternal nutrition, breastfeeding, child development and sleep and settling, and
- *referral to other community services* such as for homelessness, family violence, mental health and drug and alcohol services.

### Material aid

- *goods and services* especially quality pre-loved baby equipment, bassinets and high chairs, and
- *other emergency relief* such as food and vouchers to help ease pressure on families.

### Family support

- *social support* including mentoring support and peer groups that encourage parents to be child centred and family focused as they tackle common challenges such as parenting strategy, challenging behaviours and postnatal depression,
- *support services for families* including case management and in-home support,
- *housing support* including advocacy to landlords and government and assistance with priority housing applications, and
- *assessment, planning and action as part of Child FIRST* for families and children at risk of entering or re-entering the child protection system.

YES! I would like to support the Caroline Chisholm Society

### Personal details

Name

Address

Suburb

State  Postcode

Phone H

Phone W

Mobile

Email

My preferred method of communication:

Mail

Email

Please contact me about:

Volunteering

Donating, sorting and transporting new and quality pre-loved products for young families

News from Caroline Chisholm Society

Donating funds (see overleaf)

Please post to:

1 Darebin Place, Caroline Springs 3023

Thank you for  
your support