

What does Caroline Chisholm offer?

At the Caroline Chisholm Society, pregnant and new mothers and all families with small children will always have someone who listens, has time, a peaceful environment, confidentiality, no pressure and someone who is sensitive to your needs.

We offer

- pregnancy counselling and support
- material aid, and
- family support

All our services are provided by qualified and professional workers.

How do you access our services?

If you are a pregnant woman or a family with a child under school age, please contact us during business hours.

We provide information, support and referrals including to ChildFIRST intake. If you are eligible for our services, an appointment can be made for you.

How do you provide feedback?

Contact us during business hours and ask for a manager or the CEO.

How can you help us?

To meet our clients' needs, funding and donations of goods are received from government, philanthropic organisations and the wider community. Please contact us if you are able to help.

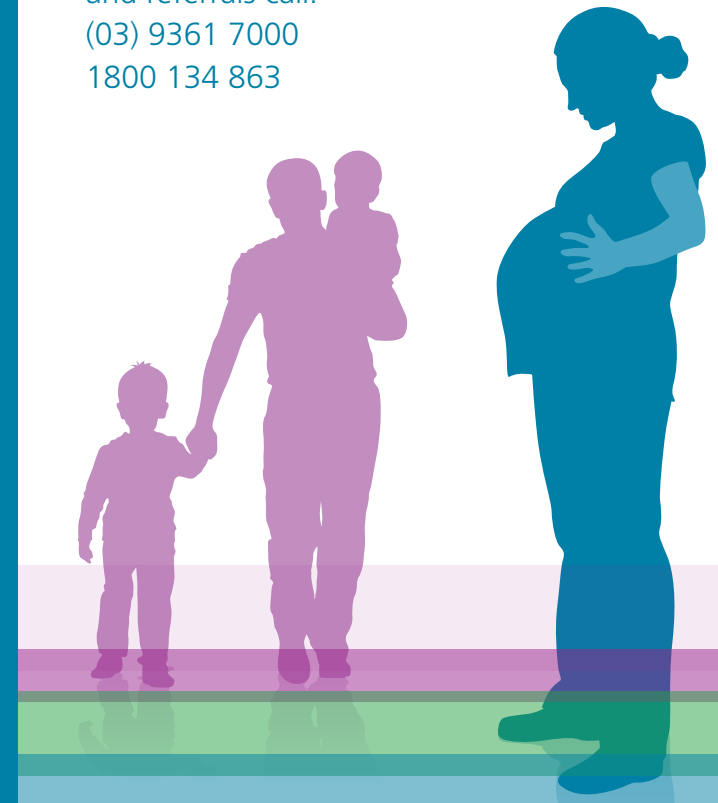
Our Values: Respect for Life | Compassionate and Caring | Social Justice | Empowerment of Women and Families | Recognition of Diversity | Accountability and Best Practice



977 Mt Alexander Road
Essendon VIC 3040
T: (03) 9361 7000
W: www.caroline.org.au
E: secretary@caroline.org.au

Young children? Pregnant? Stressed?

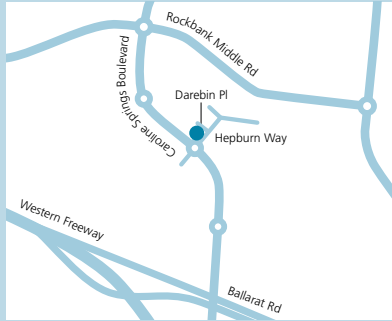
For free and confidential information, support and referrals call:
(03) 9361 7000
1800 134 863



Where can I get help?

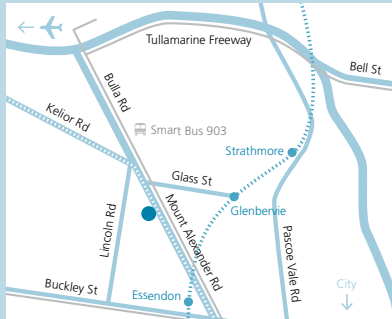
(03) 9361 7000 or 1800 134 863

Caroline Springs



1 Darebin Place
Caroline Springs
VIC 3023
(03) 9361 7000

Moonee Valley



977 Mt Alexander Rd
Essendon
VIC 3040
(03) 9361 7000

Goulburn Valley



15A St Andrews Rd
Shepparton
VIC 3630
(03) 5821 0826

What help is available?

The Caroline Chisholm Society supports pregnant woman and families who have a child under school age.

Pregnancy counselling and early parenting support

- general counselling and support for families in person or over the telephone,
- pregnancy counselling including pregnancy loss and grief counselling that is respectful, compassionate and empowering,
- referral to maternity services including support with maternal nutrition, breastfeeding, child development and sleep and settling, and
- referral to other community services where needed, such as family violence, homelessness, mental health and drug and alcohol services.

Material aid

- goods and services especially quality pre-loved baby equipment, bassinets and high chairs, and
- other emergency relief to help ease pressure on families.

Family support

- social support including mentoring support and peer groups that encourage parents to be child centred and family focused as they tackle common challenges such as parenting strategy, challenging behaviours and postnatal depression,
- support services for families including case management either in the home or in the office,
- housing support including advocacy with landlords and government and assistance with public housing applications, and
- assessment, planning and action as part of ChildFIRST for families and children at risk of entering or re-entering the child protection system.

